

**INTERNATIONAL
2025 KOLISKO
CONFERENCE**

**For teachers, medical
practitioners, health
professionals and
parents**



GREAT EXPECTATIONS

**Meeting the Challenge of Expectations
for Self, each Other and of Life**

**Keynote Speakers
Dr Adam Blanning
Anne de Wild
Chris Burke**

**11-14 April 2025
Taikura School,
Hastings, NZ**

**FURTHER
INFORMATION
kolisko2025@gmail.com
Facebook: Kolisko 2025**

We look forward to welcoming you to the Kolisko 2025 conference at Taikura Rudolf Steiner School in Hastings, New Zealand from Friday April 11- Monday April 14.

Our conference will focus on the theme of expectations and meeting the expectations we hold, often unconsciously, for ourselves, of each other, and of life. Our theme for the conference evolved through conversations with parents, teachers and health professionals about the knotty issues they are facing in their daily work environment. Our aim with the conference is to develop new and more comprehensive ways to look at our developing Self, to better understand the also changing and developing Other, and to work with the great expectations we carry.

Kolisko conferences began to honour and continue the work of Dr Eugen Kolisko. Dr Kolisko was the first Waldorf school doctor. He worked tirelessly together with Rudolf Steiner and the first Waldorf school's teachers to find ways for creatively using education as a preventative and healing medicine. Their aim was to create a school curriculum focused on the spiritual unfolding and healthy development of the children. Dr Kolisko was also instrumental in the establishment of therapeutic modalities based in art, and a eurythmy curriculum supportive of the child's developmental stages.

Keynote Speakers



Adam Blanning is an anthroposophic physician and school doctor in Colorado with a special interest in child development. He is president of the Anthroposophic Health Association and directs the medical training programmes for anthroposophic medicine in the USA and Canada. Adam is the author of *Understanding Deeper Developmental Needs: Holistic Approaches for Challenging Behaviours in Children* along with *Raising Sound Sleepers: Helping Children Use their Senses to Rest and Self Soothe*. Adam is a co-leader of the Medical Section for Anthroposophic Medicine at the Goetheanum in Dornach.



Chris Burke is an associate professor of psychology at Lehigh University in Pennsylvania, where his research has focused on social relationships and coping with stress. He teaches on topics ranging from grief and anxiety to how to live a meaningful life, always bringing biographical questions and assignments to help students connect the content to their own experiences.

Chris and Anne de Wild (below) are co-directors at The Hummingbird Principle, a platform to bring Biography and Social Art into the world. They share a passion for carrying biography work out into the world to meet the questions living in people, using language that anyone can understand. Their book *The Hummingbird Principle, Seven Lenses to Become More Human*, takes a deep dive into the planetary archetypes and how to work with them in daily life.



Anne de Wild is a naturopath and biography worker in private practice in Basel, Switzerland. One of her main focuses is to support parents towards a deeper understanding of their child's temperament. Her training in biography work is crucial to working with clients, creating a personal connection between the issue at hand and the individual's life story. In addition, she offers lectures and workshops on various topics, including the five temperaments and the phases of life.