

Two Day Deepening Course 18 and 19 January 2025

Titirangi Rudolf Steiner School

5 Helios Place, Titirangi

THE GIFT OF ILLNESS

DR RICHARD DREXEL

With workshops

- A. **Richard Drexel:** The four pillars of health: with exercises
- B. **Helen Proctor:** The Art of curative Eurythmy: Movement and well-being
- C. **Nicole King:** The healing qualities of fever: How to support it well
- D. **Susie Gaye:** Healing through colour
- G. **Abi Ortiz:** Music heals the heart and makes it whole
- H. **Rochelle Hairs:** 'Wonderfully wired brains': Neurodiversity as a gift
- I. **Jo Erskine:** Healing forms: Clay work
- J. **Kathy MacFarlane:** Creating Healing stories
- K. **Emma Ratcliff:** Bringing balance through working with the senses

\$70 incl morning and afternoon tea

For a timetable and registration form, please contact:
edith.vandermeer@gmail.com